



Year 5: Autumn A Home Learning

**Topic:** Island Invaders

# Which challenges will you choose to complete?

ENGLISH	I I	
Write an acrostic poem about the Anglo Saxons.  A  S  N  A  X  G  O  N  L  S	Use Viking runes to write a secret message.  There are some useful downloads at <a href="http://www.teachingideas.c">http://www.teachingideas.c</a> <a href="o.uk/vikings/the-viking-alphabet">o.uk/vikings/the-viking-alphabet</a>	ART and DESIGN  Look at some images of Anglo Saxon patterns. Create your own design. Add colour in a creative way e.g. painting, collage or crayons.
RELIGIOUS EDUCATION  Research an Anglo Saxon God of your choice and create a poster or presentation about them.	HISTORY and ENGLISH  Write a biography about Alfred the Great, explaining why he was such a significant figure in Anglo- Saxon history.	Prepare and cook traditional Anglo Saxon- foods such as mushroom soup, or honey, oat and spice cakes. If you choose this, you must have adult supervision!  Try some of the recipes on the next page.
GEOGRAPHY  Use a map and see how many Anglo Saxon place names you can find. If they end in –ton, -ham or – burgh what did it mean?	TALK at HOME TOPIC  How many famous historical figures can you name?  Can you place them in chronological order?	ART and DESIGN  Draw a diagram of a Viking longship.  Visit <a href="http://www.ngkids.co.uk/history/Vikinglongboat">http://www.ngkids.co.uk/history/Vikinglongboat</a>

Children are expected to complete their weekly reading, spelling and number fact home learning. The above challenges are all optional.



## Ingredients

225g plain flour 50g corn flour

175g butter (soft)

125g honey

# Equipment

Mixing bowl

Round baking tin

Fork

Spoon

#### Method

- 1. Preheat the oven to 160°C
- 2. Put all of the ingredients into a mixing bowl.
- 3. Mix them together until you have a dough.
- 4. Put the dough into a round tin and flatten.
- Decorate by scoring lines across it and adding detail with a fork.
- 6. Bake in the oven for 30 minutes, until golden brown.
- 7. Remove from the oven and leave it to cool down.
- 8. Enjoy!



Makes 12 cakes

## Ingredients

350g Scottish porridge

225g unsalted butter

50g chopped dried apricots or dried apples

225g runny honey

1 level tsp of ground tinnamon

# Equipment

Large saucepan

Baking tray

Spoon

Wire rack

### Method

- 1. Preheat the oven to 180°C (160°C in a fan oven).
- Put the butter in a large saucepan over a medium heat until melted.
- Remove from the heat, then add all of the other ingredients and stir until everything is well mixed.
- Spoon the mixture out onto a greased baking tray or tin and press it down well.
- 5. Carefully flatten each dollop slightly.
- 6. Bake in the oven for 30 minutes or until golden brown.
- Cool for a few minutes and then mark into squares while still warm and serve when cold.