

Year 1 Summer 2

Topic 'Food, Glorious Food!'

**Which challenges will you complete?**

<p>Make a healthy sandwich for your lunch.</p>	<p>Can you recognise the value of each coin?</p>	<p>Learn what your 5 senses are and explore what each of them do.</p>
<p>Can you name and draw some healthy and unhealthy foods.</p>	<p>Ask an adult if you can explore the local area – have a lovely walk or cycle!</p>	<p>- Do some printing using different vegetables.</p>
<p>Write a story using your imagination and time openers, e.g. One fine day, Then, Next, After, Finally.</p>	<p>Discuss what it means to live a healthy lifestyle. What can you change to live more healthily?</p>	<p>Practise hopping and skipping. How long can you balance on one leg?</p>

Children are expected to complete their weekly reading homework. The above challenges are optional.